

# OCTOBER LUNCH



## INTERNATIONAL ACADEMY OF SAGINAW

Monday	Tuesday	Wednesday	Thursday	Friday
September 28, 2020	September 29, 2020	September 30, 2020	October 1, 2020	October 2, 2020
			HOT DOG Hot Dog Bun ^ Baked Beans Sun Splash Veggie Juice Applesauce Mustard Ketchup Choice of Milk	*NEW ITEM* NASHVILLE (HOT) POPCORN CHICKEN^ Sliced Bread ^ Pickle Chips French Fries Diced Peaches Ketchup Choice of Milk
October 5, 2020	October 6, 2020	October 7, 2020	October 8, 2020	October 9, 2020
CHEESE PIZZA ^ Green Beans Diced Pears Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ California Blend Veggies Diced Peaches Chipotle Ranch Choice of Milk	*WALKING TACO* CHEESY TACO MEAT Wild White Nacho Doritos^ Jalapenos Corn Pineapple Tidbits Salsa Choice of Milk	CORN DOG ON A STICK^ Golden Potato Rounds Mixed Fruit Mustard Ketchup Choice of Milk	CRUNCHY CHICKEN TENDERS ^ Baked Beans Sun Splash Veggie Juice Applesauce BBQ Sauce Choice of Milk
October 12, 2020	October 13, 2020	October 14, 2020	October 15, 2020	October 16, 2020
4-CHEESE PANINI ^ Sun Splash Veggie Juice Green Beans Applesauce Choice of Milk	PENNE PASTA W/MEAT SAUCE ^ Mixed Vegetables Diced Peaches Choice of Milk	*NEW ITEM* CHEESY CHIPOTLE CHICKEN W/SPANISH RICE^ Tortilla Chips ^ Corn Mixed Fruit Choice of Milk	PANCAKES & SAUSAGE ^ Golden Potato Rounds Diced Peaches Syrup Ketchup Choice of Milk	BEEF SALAMI & CHEESE SANDWICH^ Tropical Veggie Juice Diced Pears Mustard Choice of Milk
October 19, 2020	October 20, 2020	October 21, 2020	October 22, 2020	October 23, 2020
BEAN & CHEESE BURRITO ^ Salsa Cup Corn Mixed Fruit Choice of Milk	MEATBALL SUB Hot Dog Bun ^ Potato Wedges Orange Juice Ketchup Choice of Milk	GENERAL TSO'S CHICKEN & NOODLES ^ Broccoli Diced Peaches Choice of Milk	CHICKEN STRIPS W/MAC & CHEESE^ Baked Beans Sun Splash Veggie Juice Applesauce Honey Choice of Milk	TURKEY & CHEESE ON A BUN^ Tropical Veggie Juice Pineapple Tidbits Light Mayonnaise Choice of Milk
October 26, 2020	October 27, 2020	October 28, 2020	October 29, 2020	October 30, 2020
CHEESE PIZZA ^ Green Beans Applesauce Choice of Milk	SPAGHETTI & MEATBALLS ^ Broccoli Diced Pears Choice of Milk	BEEF RIB-B-QUE Hamburger Bun ^ Fiesta Beans Sun Splash Veggie Juice Mixed Fruit Choice of Milk	*GLOBAL BITES* TERIYAKI CHICKEN BROWN RICE & VEGETABLES Broccoli Pineapple Tidbits Vanilla Cookie ^ Choice of Milk	HERO SANDWICH ^ Tropical Veggie Juice Diced Peaches Mustard Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

Find your school's menus online at: [preferredmealsmenu.com](http://preferredmealsmenu.com)

