

SEPTEMBER

LUNCH



INTERNATIONAL ACADEMY OF SAGINAW

Monday	Tuesday	Wednesday	Thursday	Friday
August 31, 2020	September 1, 2020	September 2, 2020	September 3, 2020	September 4, 2020
	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ California Blend Veggies Diced Peaches Chipotle Ranch Choice of Milk	*WALKING TACO* CHEESY TACO MEAT Wild White Nacho Doritos^ Jalapenos Corn Pineapple Tidbits Salsa Choice of Milk	CORN DOG ON A STICK^ Golden Potato Rounds Mixed Fruit Mustard Ketchup Choice of Milk	CHICKEN DRUMSTICK Cornbread ^ Baked Beans Sun Splash Veggie Juice Applesauce Cup BBQ Sauce Choice of Milk
September 7, 2020	September 8, 2020	September 9, 2020	September 10, 2020	September 11, 2020
LABOR DAY	4-CHEESE PANINI ^ Sun Splash Veggie Juice Green Beans Applesauce Choice of Milk	*NEW ITEM* CHEESY CHIPOTLE CHICKEN W/SPANISH RICE^ Tortilla Chips ^ Corn Mixed Fruit Choice of Milk	PANCAKES & SAUSAGE ^ Golden Potato Rounds Diced Peaches Syrup Ketchup Choice of Milk	CHICKEN NUGGETS ^ Fiesta Beans Baby Carrots Light Ranch Dressing Diced Pears Honey Mustard Choice of Milk
September 14, 2020	September 15, 2020	September 16, 2020	September 17, 2020	September 18, 2020
BEAN & CHEESE BURRITO ^ Salsa Cup Corn Mixed Fruit Choice of Milk	MEATBALL SUB Hot Dog Bun ^ Potato Wedges Orange Juice Ketchup Choice of Milk	GENERAL TSO'S CHICKEN & NOODLES ^ Broccoli Diced Peaches Choice of Milk	CHICKEN STRIPS W/MAC & CHEESE^ Baked Beans Sun Splash Veggie Juice Applesauce Honey Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Diced Carrots Pineapple Tidbits Choice of Milk
September 21, 2020	September 22, 2020	September 23, 2020	September 24, 2020	September 25, 2020
PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Applesauce Choice of Milk	SPAGHETTI & MEATBALLS ^ Broccoli Diced Pears Choice of Milk	BBQ CHICKEN TATER TOT-CHOS Tortilla Chips ^ Mixed Fruit Choice of Milk	TERIYAKI CHICKEN PATTY Hamburger Bun ^ Mixed Vegetables Pineapple Tidbits Choice of Milk	BEEF RIB-B-QUE Hamburger Bun ^ Fiesta Beans Sun Splash Veggie Juice Diced Peaches Choice of Milk
September 28, 2020	September 29, 2020	September 30, 2020	October 1, 2020	October 2, 2020
CHIK'N NUGGETS W/POTATO WEDGES Cornbread ^ Diced Carrots Pineapple Tidbits BBQ Sauce Ketchup Choice of Milk	MEATLOAF W/TOMATO SAUCE Hamburger Bun ^ Green Beans Mixed Fruit Cup Choice of Milk	CHEESY BUFFALO CHICKEN ROTINI ^ Broccoli Orange Juice Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com

